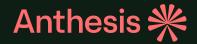
## EARTH DAY 2025 Our Power, Our Planet



## CLEAN UP YOUR LISTEN TO AN CHECK FOR COFFEE OR KEEP TRACK OF YOUR ENERGY ANTHESIS PODCAST SEARCHES DRAUGHTS TEATIME SPENDING Listen to Activating Switch to an eco-friendly Avoid overfilling your Calk and weather strip search engine kettle and wasting Sustainability 7 Keep track by hand or your doors to reduce (e.g. Ecosia, Ocean Hero, energy and money. install a smart meter to draughts throughout (Examples: Episode Search for Trees). your house. spot energy guzzling 32: Carbon Offsets appliances & to with CNG, Episode reduce usage. 26: Decarbonizing our energy systems.) SWITCH UP AIR DRY YOUR SWITCH OFF TEMPERATURE **RESEARCH TIME** YOUR DIET CLOTHES STANDBY CHECK Find out how much it Shrink your Avoid using a tumble Find out which of your costs to run X2 appliances Go online and check 'foodprint' by adopting dryer and air dry your home appliances use the 24/7. Use this research to what is the efficient a predominantly plantclothes throughout most energy in your home reduce your usage and temperature for your based diet for the week. the week whilst on standby. Turn educate others. fridge & freezer. Adjust them off or investigate as needed. No need to use more energy than standby savers. required! TIME YOUR DRIVE DOWN THE READING TIME ANTHESTS SHOWERS SOLUTIONS ENERGY Read about an Set a timer and reduce intersectional energy Learn how investing Avoid driving the car for issue (e.g. energy justice, a your showers to in carbon credits can 3 days or more during 4-minutes throughout just energy transition etc.) support your climate the week. the Earth Day Challenge strategy: period. Save money on Carbon Credits & energy bills. Projects 7 SHARE THE INSULATE ANTHESIS LEDS -CAREFUL WITH KNOWLEDGE YOUR WASHING SOLUTIONS Replace all the lights in Look into what you your house with LED can insulate to save Learn more about the Teach someone else Try a lower bulbs. If you've already energy and money e.g. business opportunity in something connected temperature setting or done this, consider loft, hot water tank, hot the Energy Transition: with 'Our Power, Our reduce your washing solar outdoor lights for water piping. Earth'. It could be your machine use by one Power & Utilities 7 your garden. kids, a friend, a neighbor, run per week. or a social media post! RENEWABLE ENERGY TURN OFF YOUR ENERGY SAVING GET CREATIVE AVOID ONLINE LIGHTS & RESEARCH MEALS SHOPPING Write an Earth Week **ELECTRONICS** 'Our Power' themed Avoid purchasing Research to see if you Cook as much as possible joke or poem! Share it can switch to a renewable in one go to save time anything online during For 1 hour when it gets and energy. Just pop the with your colleagues. energy supplier. Consider Earth Day, other than dark to conserve energy. price, customer service rest in the freezer ready necessary food or Light candles & host a and the renewable energy for the week. and vou're medicine. dinner, play board games, source. Make the switch if good to go. read or just relax. it's feasible.

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